

CONSENT REFLECTIONS:

experience	What I want to experience:		When I say my safeword, I expect: <ol style="list-style-type: none"> Scene to immediately stop. Activity to immediately stop. Hold activity to check-in. Other (specify)
	What I want to avoid:		
enjoyment	My ideal scene looks like this:		Safeword(s)
	When I'm enjoying myself, I look like this:		Non-verbal signals:
	When I'm NOT enjoying myself, I look like this:		Best ways to check in mid-scene:
aftercare	For aftercare, I need:		IN CASE OF EMERGENCY Call: Do This: Don't Do This:
	For aftercare please don't:		
crisis	Signs that I'm in distress:		
	What I most need when I'm in distress:		

*Other details to consider:
(medical, location, positioning, etc.)*

Negotiation Prompt * (address safety throughout)	Meaning	Ideas to get you started
The experience I want:	Motivation check <i>Consent Reflections Worksheet</i>	Punishment, foot worship, trying something new, healing, learning new skills, surrender, take back control...
The Overall Vibe:	Themes I want to play with	Location/set-up, dungeon furniture, lavish pampering, dirty fantasy fulfillment, hot & heavy, light & sweet...
Where/what to touch:	My body, my choice	Where/how to touch or not touch, safer sex measures, allergies, functional limitations....
The roles we'll play:	The rules of the game	Mommy /girl, teacher /student, Master/ slave, puppy/handler, etc
What you call me:	Self-Identity Protocols	Call me Daddy, Mistress, Princess Sparky, slut, he/they/her.
What I call you:	Scene/Status Protocols	Little Slut, Master, cunt, your grace, they/them, Pup Disaster, Sir Fraks-a-Lot, ask permission to speak
How hard to hit:	Pain Levels & Marks, safety check-ins	acceptable marks, sting vs. thud, pain scale, variance in pain tolerance/positions, etc.
What to pack:	Tools & Toys	Paddles, floggers, needles, dildos, special safety supplies, etc.
How far to go:	Humiliation & fear	Fun fears vs triggered fears such as making Sir/Miss angry vs. phobias, Domination vs. bullying,
How to stay put:	Restraints & bondage	Cuffs, rope, predicament, cages, etc.
What I want to feel:	Scene Sensations	hot/cold, tickles, hair pulling, biting, sensory deprivation, fire play, breath play,
What (not) to wear:	Dressing Up & Down	high heels, nudity, leash, singlet, leather harness, jock strap, etc.
Others...	Specific fetishes or safety issues not yet addressed	Every other kinky thing you can think of: Personal service, head fuckery, swinging, orgasm control, positioning, specific toys, conceptual play expectations for voyeurism, exhibitionism, CNC, littles, religious, etc.

* if you have a strong opinion about any of these best to address them in negotiation to make sure you're on the same page*

Negotiation Prompt	Sweet Spot	
	A great scene fulfills these Needs:	A memorable scene also explores these Extras:
The overall vibe ...		
Why I play ...		
What you call me...		
What I call you...		
My body, my choice...		
Roles we play...		
Pain Levels...		
Tools & Toys...		
Humiliation & fear ...		
Restraints & bondage...		
Scene Sensations...		
Dressing Up & Down...		
Others...		

Negotiation Prompt	Danger Zone	
	These are the Boundaries I need right now	These are the Limits that must always be honored
The overall vibe ...		
My body, my choice...		
Why I play ...		
Roles we play...		
What you call me...		
What I call you...		
Pain Levels...		
Tools & Toys...		
Humiliation & fear ...		
Restraints & bondage...		
Scene Sensations...		
Dressing Up & Down...		
Others...		

